



February, 2007

Senior Compass

Stephen Palmer Senior Center, 83 Pickering Street, Needham, MA 02492

Phone 781-455-7555 www.town.needham.ma.us

Newsletter printed & mailed by the Friends of the Needham Elderly, Inc.

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*The mission of The Needham
Council on Aging is to respond
to its older residents' needs by
providing a welcoming,
inclusive, and secure
environment where individuals
and families benefit from
programs, services and
resources that enhance their
quality of life and provide
opportunities for growth.*

Senior Center Hours
Monday—Friday
9:00 am—4:00 pm

Visit Us On-Line at:

www.town.needham.ma.us/coa

Read this newsletter in your choice of
easy-to-read formats.

Get the News First!

Join our E-mail list

Save paper and receive the Compass
monthly via e-mail. To add your name to
our growing list, simply e-mail us at:
[Seniorcenter@town.needham.ma.us!](mailto:Seniorcenter@town.needham.ma.us)

Valentine's Day Celebration

Wednesday, February 14th at 1:30

Sign-up is required for this event.

Extra, extra read all about it....

Frank Sinatra performs at the COA

on Valentines day! Would you like to

personally meet Frank Sinatra? Mr.

Sinatra will sing songs from his own

top hits and will also sing songs from

Perry Como and Tony Bennett. After

the performance you will have a chance

to have your picture taken with Frank.

Valentines cake will be served.

Sign-up is required for this event.

Please call the Senior Center 455-7555

Treat Yourself to a Facial

Monday, February 5th at 1:30 pm

Michelle Daniels, a Mary Kay
representative will provide facials at no
charge! At this time of year our skin
could use a little extra care. So come on
down to the COA for your free facial.
Please note that Michelle will not be
selling any products during this event.

Tax Counseling Appointments, at The Needham Senior Center

For more information see page 4!

The Needham Songsters

For many years, the Needham Songsters
have provided entertainment at the Sen-
ior Center and for other special events
around town. This group gets together
to sing for the sheer pleasure of it and
would like to invite anyone who can
read music and enjoys singing to join
them in this pursuit. Both men and
women are welcome. The first meeting
will be held at the Needham Senior
Center on Wednesday, February 7th at
10:30 A.M. If you are interested or
need further information, please call
Jeanne Blakeney at 455-7555 ext. 209

Project Life Saver

Monday, February 26th at 1:30 pm

Dr. Knight and Captain John Welch to
provide a lecture at the Needham Senior
Center. They will discuss Project Lifesaver
which is a vital tool in finding missing
people with Alzheimer's disease and
related conditions. It is the nation's most
effective rescue program. Individuals in
the program wear personalized wristbands
that emit tracking signals. Project Lifesaver
is free to residents and is funded by the
generosity of individuals, businesses
and community organizations.

Council on Aging Board Members

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Dear Friends,

The first several weeks of the New Year have found all of the staff very busy. One of the things that we are preparing for is a new computer system that will allow us to make your "sign in" and "sign up" for activities and services here easier and quicker. In light of this new addition we will be changing the look of the reception area slightly and we are hopeful that this might also make the area less congested and more inviting as you come through the door. We will keep you informed in the coming weeks as we have specific information and a timetable. Also in the past few weeks our computer lab received much needed new and updated equipment. For those of you who have not taken an opportunity to meet with one of the instructors perhaps this will inspire you to make an appointment, and those that are familiar with computers to come and check out what we have available for your use.

As you can see in this issue of the Compass we have a lot happening in February and I hope that you find many things of interest in which to participate. I know that Sherry is putting together a wonderful spring agenda that will unfold next month. As always the Social Service team continues to be available to help in a variety of ways and I know that they have information about several opportunities for real estate abatements for those who qualify. This may refer to you so give them a call. They would be happy to answer any questions that you might have about this.

Traditionally, this is the month we celebrate "LOVE". Love comes in all forms and is spread in many ways. I would like to take this opportunity to let you know that I am thinking of all of you at this time and wishing you a lot of "LOVE" from as many sources that are available to you...make sure that you are open to feeling it, receiving it, or giving it as you can never have too much of it!

Jamie

Volunteer Opportunities

Penny Gordon, Volunteer Coordinator, (781) 455-7555 ext. 204

NEEDED:

Three volunteers who are interested in learning how to co-lead two, six week programs **on a Chronic Disease Self - Management Program**. Offered by **The Arthritis Foundation**. Training will be provided. This is a fabulous opportunity to learn how to manage one's own chronic disease and also **help others to help themselves**. Please respond ASAP to be able to attend the February training. We need you, to ensure that this valuable course be offered to our community. Please call Sherry Jackson 455-7555

VOLUNTEER(S) SOUGHT FOR EVENING PICKUP

At 9:00pm in the evening are you *not* ready to turn in for the evening, but rather would like to go somewhere but have no destination? A local bakery and café is interested in donating their freshly made baked goods to your senior center. The baked goods need to be picked up at 9:00pm and then delivered to the center the following morning at 9am.

Wanted: Pastry Preparer

Monday thru Friday between 9:00-9:30am cut pastry and prepare two trays for daily self-service in our coffee area. Pastries are generously donated by Starbucks of Needham.

EXPERIENCED GRANT WRITER SOUGHT

Have you written Grants?
We need YOU!
We want YOU!
YES YOU!!

Are You an Avid Reader?

Do enjoy reading to a younger generation? The "Love of Reading" program entails reading to an elementary single classroom. Please call for more details.

The COA Newsletter, Compass Labeling and Collating Tuesday, Feb. 20th at 9:15 am
Please join us for a morning of light work and good fun, as we get the newsletter ready for mailing!

Creative Writing Group

Tuesdays 10:30-11:30 am
February 6, 20, 2007

Write your memoirs or try your hand at creative writing. This writing group is for all levels. The class is not about using proper grammar. It is about capturing memories or stories on paper and most of all having fun. The class is facilitated by a published writer who has agreed to volunteer his time with us. There is no fee for this class. The class meets on the 1st and 3rd Tuesdays of the month.

Ballroom Dancing

Thursdays, 1:30—2:30

Location: The YMCA, Chestnut Street, Needham
 New 4-week class to start in February! Call Sherry Jackson, Associate Director for dates, (781) 455-7555

Better Balance Class, New Session

8-weeks, Wednesdays, 2:30—3:30 pm

February 21, 28, March 7, 14, 28, April 4, 11, 18

Have fun while learning to improve your balance and prevent falls. Using balls, bands and weights this class will help improve your balance, posture, flexibility strength and endurance and decrease stress. Cost of the 8-week class is \$40.00 To sign-up please call the Senior Center at (781) 455-7555.

Whist Anyone?

Thursdays, 10:00 am—12:00 pm

If you already know how to play whist and would like to join a newly formed group, please feel free to stop by the Senior Center on Thursday mornings, from 10:00 am—12:00 pm

Two Day Pool Tournament

Monday and Wednesday 9am-4pm

February 26 and 28 2007

A Simple 8-ball pool tournament at the Needham Senior Center. To sign-up or for more information call (781) 455-7555.

Current Events Group

Tuesdays, 10:30– 11:30
February 13, 27 2007

We have two enthusiastic co-leader volunteers that facilitate the group. If you are interested in talking with others about today's headlines or what should be in today's headlines, please join us. This group is a friendly place to equally share with one another information in a supportive environment. We meet on the 2nd and 4th Tuesday of the month. There is no fee for this group.

Spanish, Basic Level

Fridays, 9:15—10:15 am

February 2, 9, 16, 23, & March 2, 9, 2007

This class is for those who have little or no previous experience with the Spanish language. We will cover the very basics, the alphabet, numbers and greetings. This class guarantees to provide laughter and great fun for all. Thank you Rosa for taking time, out of your busy schedule to volunteer/teach at the COA. Fee 6 session program is \$24.

Beginner Mah Jong Class

Are you interested in learning Mah Jong? After four sessions you will know if Mah Jong is for you. Ma Jong involves playing with tiles. The class is taught by an experienced teacher. A modest fee of \$16 for all 4 sessions is due on the first class. For dates and times of the class call Sherry at the COA, 455-7555.

Computer Lessons

The Needham Senior Center offers individual computer lessons on Thursday and Friday afternoons. To get started simply call the Needham Senior Center to reserve your 45-minute appointment. (781) 455-7555

Canasta Anyone?

If you are interested in learning or playing Canasta, please contact Sherry Jackson, at the COA 455-4555.

Lunch is served Monday—Friday at the Needham Senior Center.

Reserve your lunch, by calling the COA by 11:00 am the previous day. Choose your menu at this time, a hot or cold lunch option. Reservations are forfeited after 12:00 pm Those not reserved will be asked to wait until 12:00 pm when we will serve them if excess food is available. A voluntary donation of \$1.75 is suggested per meal. Springwell makes these lunches possible.

Donations Received

The Friends of the Needham elderly, Inc. would like to thank the following individuals, who have made monetary donations above and beyond membership dues. Your generosity is truly appreciated.

Elizabeth Cashman	Bruce Claflin	Virginia Crowley
Sumner Fanger	Denise Garlick	Ray Hopkins
Zofia Kobzik	Charlotte Marsters	
Leonard McIntosh	Ruth Siegel	Mary Timberlake

In Honor of

Maria & George Knorr in honor of their mother, Jeanne Ferellec. Also in memory of their father, Matthew Ferellec.

In Memory of

Billy & Betsy Tedoldi in memory of Phillip Biagi, A. Bruce Mahar and Kevin Bolio
Nina & Tony Crugnola in memory of Forte Crugnola families
Victoria Del Bono in memory of Katherine Doucette and Adam Del Bono.

Needham COA donations

Lucy Chou	Marjorie Daganhardt
Eleanor Gross	Dorothy Roch Mahoney
Roger Markhus	Mary McKernan
Alice Prato	

In Kind Donations

Lyn and Jan De Benedictis for providing entertainment at no cost for our January, Live Entertainment program.

When in 2007 can I change my Medicare health plan?

Between January 1 and March 31, the Open Enrollment Period, you can make one change in your Medicare health plan. People with Medicare can join a Medicare Advantage Plan (such as a Medicare HMO, Medicare PPO, or Medicare PFFS) or switch between plans. Your new coverage starts the first of the month after you make your selection. You **cannot** add nor drop Medicare drug coverage (Part D) during this time. After March 31, your next chance to make a change will be . . . **November 15 through December 31, the Annual Coordinated Election Period**. Your new coverage will start January 1, 2008. During this period you can change your choice of health coverage, and add, drop or change Medicare drug coverage. (You can make as many changes as you need during this period, but only your last coverage choice will take effect January 1. However, to avoid enrollment problems, it is best to make as few changes as possible). If you are in **Prescription Advantage**, the state program that helps with the costs of Part D plans, you have one additional chance in 2007 to change prescription drug plans. If you are on **MassHealth**, you can change drug plans every month. If you are **just becoming eligible for Medicare**, or if you **lose your current health insurance**, special rules apply.

If you need help on any aspect of your health insurance, **SHINE** offers free counseling at your Senior Center. Call the COA at 781 455-7555 and ask for a SHINE appointment. You can reach a SHINE volunteer by phone at 781 453-8076. Once you get the SHINE answering machine, leave your name and number. A volunteer will call you back, as soon as possible. SHINE (Serving the Health Information Needs of Elders) is coordinated by the Mass. Executive Office of Elder Affairs in partnership with the Needham Council on Aging and other local agencies.

INFORMATIVE TAX LECTURE AND WORKSHOP, WEDNESDAY, FEB. 7TH 1:30

PUT MORE MONEY BACK INTO YOUR POCKET!

Would you like to receive a tax refund from the Government? This refund is applicable to people who need to file a return **and** for people who don't ordinarily need to file. This year you could take advantage of the "Telephone Tax Refund", form 1040EZ-T. This refund is designed to refund previously collected federal excise taxes on long-distance or bundled services. Also, another tax credit called the "Circuit Breaker Tax Credit", which is a state income tax credit for certain Massachusetts residents age 65 or older who paid rent or real estate taxes during the tax year. Even though the credit is based on property taxes, it is the state government, not the city or town, that pays the credit.

George Macrina, is the tax coordinator that oversees the tax counseling program held at the Needham Council on Aging and Senior Center. George will talk about the above tax credits. After the talk, for individuals who do not normally file a return, George and other counselors will be available to help these individuals apply for the above tax credits.

▲ Tax Counseling Begins, February 12th—April 15th Sponsored by AARP and the COA ▲

For a confidential appointment with a trained counselor, call the Needham Senior Center at 455-7555. Counselors are trained by the IRS. *On the day of your appointment, please bring* 1) A copy of your 2005 tax return. 2) All income statements received including Social Security. 3) Any state or federal tax forms you received in the mail.

Pursuing a More Healthy Lifestyle

Monday, February 12th at 1:30 pm

Presented by Joanne LaPlant, Director of Programming, Center Communities of Brookline.

Don't let your living with a chronic condition take control of your life and limit the daily activities you enjoy. Learn about the benefits of the Chronic Disease Self-Management workshop that was developed by Stanford University. Through a grant obtained by the Massachusetts Arthritis Foundation, The Needham Council on Aging, will be offering this very workshop! A 6-week intensive program that has transformed peoples lives.

Eat Better and Live Healthier!

Tuesday, February 20th 1:30—2:30 pm

Food is fuel and enjoyment in life. Good eating habits can bring health, longevity, and happiness into life, on the other hand, many illnesses can come from poor eating habits/lifestyle. Presenter, Yuanling Liu, has a Master in Oriental Medicine, is a Registered Dietician, Licensed Acupuncturist and Herbalist, by the Board of Registration in Medicine of Massachusetts. She will talk about the roll of nutrition in the aging population and the nutrients we need to pay especial attention to and their food sources. How to make daily meals more enjoyable and nutritious. What to do when you are facing hundreds supplement products in the stores and a vas amount of health information in the media. When should you use complementary care? Healthy samples of snacks will be provided!

Resources Around Town

February, Keep Well Clinics

The Keep Well Clinics, staffed by nurses from the VNA Care Network, Inc. and the Needham Board of Health, meet on Wednesdays at the following locations:

February 7th 10:30- 12:00 pm Seabed's Way Community Room (BOH)

February 7th and 21st 9am-12pm, Senior Center

February 28th, 10:30 am to 12:00 pm., at the Linden & Chambers Community Room. (BOH)

Afternoon, Caregiver Support Group Begins

Needham Council on Aging and Senior Center

This group is for anyone providing care and assistance to a parent, spouse or friend. You are not alone. Come meet with others, share ideas and give support to one another. For date and time call LaTanya Steele, Social Worker, (781) 455-7555 ext. 208

The Needham Rotary Club

Will supply and change batteries in smoke detectors in homes of handicapped residents seniors in Needham at no charge. Call Bonnie at the Needham Fire Department at 455-7582 to arrange for this life-saving service.

The Needham Community Council

Provides transportation for local errands, to medical appointments and monthly trips to the Natick mall. They also have a medical equipment loan closet. Call, 444-2415.

The Elder Abuse Hotline

To report or ask questions about suspected abuse of an elder, please call the hotline at 1-800-922-2275. For more info. call the Needham COA at 455-7555.

The Needham Retired Men's Club

Meets on the 2nd and 4th Tuesday of each month at the Presbyterian Church, 1458 Great Plain Avenue. This month's meetings will be on the 13th and 27th.

The Lions Club Used eyeglasses collection

Eyeglasses are collected on an ongoing basis at the

Senator Scott Brown's Feb. 27th at 10:15

Senator Scott Brown or a member of his staff will be available to hear your concerns and answer any questions about State Government you may have.

The Needham Youth Commission

The Needham Youth Commission has compiled a list of youths who will work for Needham residents doing chores around the house. For more information about youth services, please contact Carol Rosenstock at the Needham Youth Commission at 781-455-7518 X267. Visit their website at www.town.needham.ma.us/youth.

The Needham Health Department

Free Blood Pressure Clinic 2nd floor of the town hall Monday-Thursday, 8:00– 9:30 am. Traveling Meals Program is seeks volunteers to delivered meals for the program. For more information call, (781) 455-7523.

Drop-In Bowling, LADIES BOWLING

Join a friendly group for an hour of easy Candlepin Bowling at Needham Bowling Alley, Monday Mornings at 9:45AM . No teams, no weekly commitment, non competitive. Good exercise and great fun. Welcome newcomers! Men's bowling, meets same time, same place.

Monday	Tuesday	Wednesday	Thursday	Friday
Needham Council Aging and Senior Center 83 Pickering Street Needham, MA 02492 (781) 455-7555 www.town.needham.ma. us	February, 2007 Calendar of Programs and Events		1 10:00 Whist 10:00 Knitting 11:45 Lunch: Baked Fish or Roast Beef and Cheese Sandwich. 12:00 Computer Lessons 12:30 Ping-Pong 1:00 Duplicate Bridge 1:00 Men's Cribbage	2 9:15 Basic Spanish Class 9:15 Quilling 10:30 Exercise (Park & Rec. Dept) 11:45 Lunch: Italian Chicken Kielbasa or Turkey and Cheese Sandwich 12:00 Computer Lessons 1:30 "It's Friday Entertainment Live" with Mel Simons, an afternoon of comedy and music NO BOARD GAMES TODAY NO MOVIE TODAY
5 9:15 Exercise (Park & Rec.) #2 10:15 Yoga (Park & Rec.) #2 11:00 Monday Mystery Lunch Trip 11:45 Lunch: American Chop Suey or Tuna Salad Sand. 1:00 Movie: Hands Across The Table 1:30 Treat yourself to a free facial	6 9:15 Women's Drop-in Bridge 10:30 Creative Writing Group 11:45 Lunch: Chicken Quarter or Roast Beef Sandwich 12:30 Ping-Pong 1:00 Trip Planning Meeting 1:30 Women's Cribbage 1:30 Canasta	7 9:12 Keep Well Clinic 9:00 Exercise (Park & Rec.) 10:00 Hearts Card Game 10:30 Songsters 11:45 Lunch: Turkey and Broccoli Penne Casserole 12:15 Weight Watchers 1:30 Tax Return Credits Workshop	8 10:00 Whist 10:00 Knitting 11:45 Lunch: Baked Ham or Turkey Sandwich 12:30 Ping-Pong 1:00 Duplicate Bridge 1:00 Men's Cribbage 1:30 Ballroom Dancing #1 7:15 COA Board Meeting	9 9:15 Basic Spanish Class 9:15 Quilling 10:30 Exercise (Park & Rec. Dept) 11:45 Lunch: Shepherd's Pie or Seafood Salad Sandwich 12:00 Computer Lessons 1:00 Board Games 1:00 Movie: The Clock

<p>12 9:15 Exercise (Park & Rec.) #2</p> <p>10:15 Yoga (Park & Rec.) #2</p> <p>11:00 Monday Mystery Lunch Trip</p> <p>11:45 Lunch: Hawaiian Pork or</p> <p>Egg Salad Sandwich</p> <p>1:30 Chronic Disease Self-Management Lecture</p>	<p>13</p> <p>9:15 Women's Drop-in Bridge</p> <p>10:30 Current Events Group</p> <p>11:45 Lunch: Cheese Lasagna or Grilled Chicken over Salad</p> <p>12:30 Ping-Pong</p> <p>1:00 Trip Planning Meeting Snow Date</p> <p>1:30 Women's Cribbage</p> <p>1:30 Canasta</p>	<p>14</p> <p>9:00 Exercise (Park & Rec.)</p> <p>10:00 Hearts Card Game</p> <p>10:30 Songsters</p> <p>11:45 Lunch: Valentines Day Special, Roast Beef, Mushroom Gravy, Mashed Potatoes, Vegetables and Mixed Berry Shortcake</p> <p>12:15 Weight Watchers</p> <p>1:30 Valentines Celebration with Frank Sinatra!</p> <p>NO BETTER BALANCE CLASS TODAY</p>	<p>15</p> <p>9:15 Triad</p> <p>10:00 Whist</p> <p>10:00 Knitting</p> <p>11:45 Lunch: Chicken Marsala or Ham Salad Sandwich</p> <p>12:30 Ping-Pong</p> <p>1:00 Duplicate Bridge</p> <p>1:00 Men's Cribbage</p> <p>1:30 Ballroom Dancing #1</p>	<p>16</p> <p>9:15 Basic Spanish Class</p> <p>9:15 Quilling</p> <p>10:00 Low Vision Group</p> <p>11:45 Lunch: Fish Sandwich or Roast Beef and Cheese Sand.</p> <p>12:00 Computer Lessons</p> <p>1:00 Board Games</p> <p>1:00 Movie: BroadwayMemories</p> <p>NO EXERCISE CLASS TODAY</p>
<p>19</p> <p>THE SENIOR CENTER WILL BE CLOSED IN OBSERVANCE OF PRESIDENT'S DAY</p>	<p>20</p> <p>9:15 Collate the Compass</p> <p>9:15 Women's Drop-in Bridge</p> <p>10:15 Senator Brown's Aide Office hrs.</p> <p>10:30 Creative Writing Group</p> <p>11:45 Lunch: BBQ Chicken Quarter or Ham & Swiss Sandwich</p> <p>12:30 Ping-Pong</p> <p>1:30 Women's Cribbage</p> <p>1:30 Canasta</p> <p>1:30 Eat Better and Live Healthier!</p>	<p>21</p> <p>9-12 Keep Well Clinic</p> <p>10:00 Hearts Card Game</p> <p>10:30 Songsters</p> <p>11:45 Lunch: Pier 17 Fish or Egg Salad Sandwich</p> <p>12:15 Weight Watchers</p> <p>2:30 Better Balance</p> <p>NO MORNING EXERCISE TODAY</p>	<p>22</p> <p>10:00 Whist</p> <p>10:00 Knitting</p> <p>11:45 Lunch: Hot Dog or Turkey and Cheese Sandwich</p> <p>12:30 Ping-Pong</p> <p>1:00 Duplicate Bridge</p> <p>1:00 Men's Cribbage</p> <p>1:30 Ballroom Dancing #1</p>	<p>23</p> <p>9:15 Basic Spanish Class</p> <p>9:15 Quilling</p> <p>10:30 Exercise (Park & Rec. Dept)</p> <p>11:45 Lunch: Vegetable Cheese Quiche or Seafood Salad Sandwich</p> <p>12:00 Computer Lessons</p> <p>1:00 Board Games</p> <p>1:00 Movie: Rear Window</p>
<p>26</p> <p>9-4 Pool Tournament Day I of II</p> <p>9:15 Exercise (Park & Rec.) #2</p> <p>10:15 Yoga (Park & Rec.) #2</p> <p>11:00 Monday Mystery Lunch Trip</p> <p>11:45 Lunch: Chicken Quarter or Tuna Salad Sandwich.</p> <p>1:30 Snow Date for, Treat yourself to a free facial</p> <p>1:30 Project Lifesaver Lecture</p>	<p>27</p> <p>9:15 Women's Drop-in Bridge</p> <p>10:15 Senator Brown's Aide</p> <p>10:30 Current Events Group</p> <p>11:45 Lunch: Meatloaf or Breaded Chicken Patty</p> <p>12:30 Ping-Pong</p> <p>1:30 Women's Cribbage</p> <p>1:30 Canasta</p>	<p>28</p> <p>9-4 Pool Tournament Day II of II</p> <p>9:00 Exercise (Park & Rec.)</p> <p>10:00 Hearts Card Game</p> <p>10:30 Songsters</p> <p>11:45 Lunch: Pork Stir Fry or Chicken Salad Sandwich</p> <p>12:15 Weight Watchers</p> <p>2:30 Better Balance</p>	<p>Offsite Location of Programs</p> <p>#1 Charles River YMCA 380 Chestnut Street</p> <p>Please Note: Items in bold indicate that sign-up is required.</p>	

The COA Entertainment Section

Mystery Monday Lunches

* Indicates a Diversity in Dining Experience

Monday February 5, 12*, and 26

Do you like to eat out but are stumped as to where to go? Would you like to make new friends or reconnect with an old friend? Then join us on the Mondays listed above for a Mystery Ride in the COA van. Call the Senior Center, speak with the receptionist and sign up today. You will pay the driver \$5.00 and also the cost of your meal. Bon Appetite! PLEASE BE SURE TO SIGN UP 455-7555.

“It’s Friday, Entertainment Live”

With Mel Simon

Friday, February 2, 2007 at 1:30 P.M.

Sign-up is required for this event.

Join us for an afternoon of comedy and music with Mel Simon! Mel appears regularly on The Steve LeVeille Show broadcast on WBZ 1030. Previously he has entertained audiences on The Larry Glick Show and on The Bob Raleigh Show. Mel is a humorist, accordionist, disc jockey MC and author. **Sign-up for this event is required.**

COA MOVIE FLICKS... at 1:00 pm

February is Oldies but Goodies Month

- February 5th—Hands Across The Table, 1935 Carol Lombard and Fred MacMurray
- February 9th—The Clock, 1945 Judy Garland, Robert Young
- February 16th—Broadway Memories, The best from The Great Whiteway from Oklahoma to Chicago.
- February 23rd—Rear Window, 1954 Jimmy Stewart and Grace Kelly

Trip Planning Meeting

Tuesday, February 6th at 1:30 pm

Please join us at the Needham Council on Aging and Senior Center as we plan our trips for 2007! This is an opportunity to share your ideas, to tell us where you would like to go. Our trips throughout the year include day and overnight trips. Please note, in the event that the Senior Center is closed due to a snow storm. The trip planning meeting will be on Tuesday February 13th at 1:30 pm.

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83 PICKERING STREET
NEEDHAM, MA 02492

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